

# E-Bulletin for Children and Young People

Issue 2 September 2023

Hi! Welcome to the second issue of your e-bulletin for Staffordshire children and young people. We are creating a new e-bulletin every 3 months full of information about advocacy, your rights, updates in your area and much more. If there is anything you would like us to include please get in contact. We are a friendly team and here to help :)

## How can an advocate help?

Advocates will listen to you. An advocate is someone independent which means they are not part of social care, health, education or family. An advocate can be your voice when decisions are being made about your life.

One young person said this to their advocate:

*"You remember stuff that I forget when I`m angry and frustrated, thanks for calling me...I feel better now we have a plan".*



## Your rights

### United Nations Convention on the Rights of the Child (UNCRC)

#### ARTICLE 28:

**Every child** has the right to an education. Primary education must be free and different forms of secondary education must be available to every child. Discipline in schools must respect children's dignity and their rights.

[www.unicef.org.uk/what-we-do/un-convention-child-rights/](http://www.unicef.org.uk/what-we-do/un-convention-child-rights/)

Children in Care (age 5-18)



People with Special Educational Needs and Disabilities (SEND) ages 5-25

Who can have an advocate?

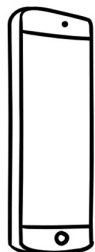
Children on child protection or child in need plans (age 5-18)

Care Leavers (up to age 25)

To speak to the advocacy team call

**07471 543607**

Or email [sscrs@cgl.org.uk](mailto:sscrs@cgl.org.uk)



**Change  
Grow  
Live**

## Your inspiring artwork:



This colourful picture was drawn by Abigail, age 8. Abigail's drawing of cats and a bear is brilliant! We love puppies and kittens too Abigail! Well done!

## Independent Visitors

Are you aged 8 - 17? Do you live with a foster family, in a residential home or by yourself?

With your permission, your social worker or carer can refer you to us.

- An Independent Visitor to visit and take you out once per month to do an activity - you can discuss what activities you would like to do.
- Support with your relationships, emotions, education, employment, physical health and independence skills.
- Lots of fun!
- Confidentiality - we will only discuss you or anything you say if we are worried about the safety of you or someone else.

**If you'd like to find out more about what we do and how we can help you, please do get in touch.**

**Phone: 07912 120158**

**Email: [SSYPP@cgl.org.uk](mailto:ssypp@cgl.org.uk)**

If you would like to have your artwork in the next issue please send a copy to

[sscrs@cgl.org.uk](mailto:sscrs@cgl.org.uk) or speak to your advocate or independent visitor, if you have one. A prize is given for the featured artist!

"I get to go places, I don't see my family this is like a replacement of that, like you would talk to your family I talk to her".



Feedback from a young person about their Independent Visitor

**Volunteering for young people aged 16 and over:**

- ★ We offer volunteering opportunities for care experienced young people
- ★ Flexible number of hours
- ★ Can be remote working or in person based in our Stafford office
- ★ Full training and support provided

Contact us if you are interested!



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