



## Family Activities

to help children and young people with SEND and their families develop the confidence to access universal services.

## When?

Activities take place during school holidays and outside of term-time.

## Where?

To fun attractions all over Staffordshire – where possible we try to run opportunities in **North South East** and West Staffordshire locations.



## How can I find out more?

☎ 0345 300 1348

✉ [shortbreaks@caudwellchildren.com](mailto:shortbreaks@caudwellchildren.com)

💻 [www.caudwellchildren.com/services/short-breaks](http://www.caudwellchildren.com/services/short-breaks)

## How can I book a place?

Contact Staffordshire Connects

Tel: 0300 111 8007 (option 5)

## Our Partners

Short Breaks activity clubs are provided to Staffordshire families through the support of:



# SHORT BREAKS

## STAFFORDSHIRE

For young people  
aged 8-18 years  
with SEND

Short Breaks has helped Dylan over the past year as he has been shielding. He has health problems including a hole in his heart and lung issues. The Short Breaks activities have helped him with his development and interaction with others.



Age  
8-18

Morning  
and  
afternoon  
sessions

Free

### Are Caudwell Children's Short Breaks for you?

Caudwell Children's Short Breaks are available for Staffordshire based young people aged 8-18 years who have a special educational need or disability

### Types of Short Breaks available:

#### Weekend Activity Clubs

Regular activity clubs give disabled children and young people an opportunity to have fun, make friends, build confidence and develop vital life skills.

#### Family Activities

Supported fun for all the family to encourage families to access mainstream attractions and activities.

### Benefits

- Have fun!
- Improve confidence and self-esteem
- Improve social skills
- Make new friends
- Try new activities
- Gain a recognised certificate of achievement

Just as importantly, our Short Breaks activities also provide parents and carers with regular respite periods.

### What activities are included?

We offer a wide variety of free activities that are tailored to your child's individual needs.

### Who delivers the clubs?

Our trained team of Caudwell Children staff and volunteers host activity clubs across Staffordshire.

### How long do the activities last?

The length of activities varies, but usually they will last for 3 hours.

### When do activities run?

Activity Clubs usually run on Saturday and Sunday mornings and afternoons

### Where are the activity clubs held?

Sessions take place in 8 different places across Staffordshire, so you should be able to find a club near you:

